2017 Student Affairs Graduate and Professional Student Survey

Thank you for taking the time to respond to this survey. The survey should take approximately 20 minutes to complete. Once you begin, you will need to complete the survey in one sitting and will not be able to go back to previous pages without losing your work.

If you are comfortable with the guidelines outlined in the Information Page for the administration of the 2017 UCLA Student Affairs Graduate and Professional Student Survey, please begin the survey.

Enter Your UCLA Student ID Number (9 digits) below for prize drawing [Open text; limited to 9 numeric characters]

Your student ID number will never be used to identify you individually in survey reporting. If you choose to provide your UID, it will be entered in the drawing to win one of several prizes including a UCLA annual parking permit, three pairs of Beats Headphones, three FitBits, four Apple TVs, and more. Please make sure that your UID is entered correctly.

In addition, at the end of the survey all survey completers will be provided with an electronic coupon for 20% off BearWear.

If you do not enter your UID then you cannot be entered into the prize drawing.

Interaction with Others

- 1. To what extent have you engaged in the following with people at UCLA who are different from you (e.g., by race, ethnicity, religion, socioeconomic status, sexual orientation, political orientation, gender)?
 - Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always
 - N/A
- A. Shared a meal or socialized
- B. Interacted in class
- C. Discussed academic work or research outside of class
- D. Discussed topics about which you had different opinions
- E. Discussed your different backgrounds
- 2. How you would rate the overall quality of your interaction with people at UCLA who are different from you?
 - Very negative

- Negative
- Neither negative or positive
- Positive
- Very positive
- N/A
- A. Shared a meal or socialized
- B. Interacted in class
- C. Discussed academic work or research outside of class
- D. Discussed topics about which you had different opinions
- E. Discussed your different backgrounds

Wellness

- 3. How would you describe the following?
 - Poor
 - Fair
 - Good
 - Very good
 - Excellent
- A. Your overall physical health
- B. Your overall mental health
- C. Your overall diet
- 4. In the past month, how often did you have difficulty sleeping (e.g., intermittent sleep, difficulty falling asleep, waking earlier than intended?
 - Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always
- 5. In an average week, on how many days did you do the following?
 - 0
 - 1
 - 2
 - 3
 - 4
 - 5
 - 6
 - 7

- A. Engage in MODERATE-INTENSITY physical activity, such as walking briskly, biking at a casual pace or light weight lifting for at least 30 minutes
- B. Engage in VIGOROUS-INTENSITY cardio or aerobic exercise, such as running, bicycling, or aerobics for at least 20 minutes
- C. Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each
- 6. How much of this exercise took place on the UCLA campus or in UCLA facilities?
 - None
 - Some
 - Almost all
- A. MODERATE-INTENSITY physical activity [show if 5A marked]
- B. VIGOROUS-INTENSITY cardio or aerobic exercise [show if 5B marked]
- C. 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each [show if 5C marked]
- 7. For the following statements, please say whether the statement was often true, sometimes true, or never true for you **in the last 12 months**.
 - Never True
 - Sometimes True
 - Often True
- A. I was worried whether my food would run out before I got money to buy more.
- B. The food that I bought just didn't last, and I didn't have money to get more.
- 8. Please indicate how much time in the **past month** you have felt the following:
 - Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always
- A. Your daily life has been full of things that were interesting to you
- B. You felt loved and wanted
- C. You have been a very nervous person
- D. You felt depressed
- E. You felt tense or "high strung"
- F. You have been in firm control of your behavior, thoughts, emotions and feelings
- G. You felt you had nothing to look forward to
- H. You felt calm and peaceful
- I. You felt emotionally stable
- J. You felt downhearted and blue
- K. You felt so down in the dumps that nothing could cheer you up

- L. You have been moody or brooded about things
- M. You felt restless, fidgety, or impatient
- N. You have been anxious or worried
- O. You have been a happy person
- P. You have been in low or very low spirits
- Q. You have felt cheerful or lighthearted
- R. You have felt lonely/isolated
- 9. How would you describe your average stress level since the beginning of this academic year?
 - Very low stress
 - Low stress
 - Moderate stress
 - High stress
 - Very high stress
- 10. Please indicate your level of agreement or disagreement with the following statements:
 - Strongly agree
 - Agree
 - Disagree
 - Strongly disagree
- A. I know how to access mental health services on campus
- B. I would feel comfortable reaching out to mental health services if I needed them
- C. I would be able direct a friend in crisis to sources of support at UCLA
- D. Mental health issues are stigmatized on campus
- 11. Is there anything else you would like to tell us about the influence of resources available through UCLA on your health and wellness? [open-ended text response]

Campus Climate

- 12. Please indicate your level of agreement or disagreement with the following statements in terms of your graduate/professional experience at UCLA:
 - Strongly disagree
 - Disagree
 - Agree
 - Strongly agree
- A. Graduate/professional students in my program are respected regardless of their race/ethnicity
- B. Graduate/professional students in my program are respected regardless of their citizenship status
- C. Graduate/professional students in my program are respected regardless of their **accent/language ability**
- D. Graduate/professional students in my program are respected regardless of their gender

- E. Graduate/professional students in my program are respected regardless of their **gender presentation**
- F. Graduate/professional students in my program are respected regardless of their **sexual** orientation
- G. Graduate/professional students in my program are respected regardless of their **religious beliefs**
- H. Graduate/professional students in my program are respected regardless of their **political opinions**
- I. UCLA has a strong administrative response to incidents of discrimination
- J. UCLA has campus administrators who regularly speak about the value of diversity
- K. Graduate/professional students in my program are treated equitably and fairly by faculty
- L. I have sufficient opportunity to interact **socially** and make connections with people **in my department/program**
- M. I have sufficient opportunity to interact **academically** and make connections with people **in my department/program**
- N. I have sufficient opportunity to interact **socially** and make connections with people at UCLA **outside of my department/program**
- O. I have sufficient opportunities to interact **academically** and make connections with people at UCLA **outside of my department/program**
- P. I have a social network outside of UCLA that supports me
- Q. I would like to meet more people outside of UCLA but am not sure how to do so
- R. I feel a sense of belonging with my department or program
- S. I feel a sense of belonging on campus, overall

Advising and Mentorship

13. Your primary formal advisor is the one faculty member who serves in an official capacity as your academic advisor or research supervisor.

Do you have a formal advisor?

- Yes
- No
- 14. On average, how many times a quarter do you meet individually with your advisor? [show if Q13 = Yes]
 - 0 times
 - 1-2 times
 - 3-4 times
 - 5-6 times
 - More than 6 times
- 15. Please indicate your level of agreement or disagreement with the following statements regarding your relationship with your academic advisor [show if Q13 = Yes]
 - Strongly disagree
 - Disagree

- Agree
- Strongly agree
- A. My advisor advocates for me and supports me in completing my degree
- B. My advisor is focused on helping me gain the professional skills needed to be successful in my field
- C. My advisor supports my professional/career goals
- D. I feel comfortable approaching my advisor about a variety of career paths
- E. I would feel comfortable approaching my faculty advisor for assistance in getting on track with my academic progress
- F. My advisor seems genuinely interested in my personal well-being
- G. My advisor is aware of and supportive of my financial wellbeing
- H. My advisor helps me establish a timetable for the tasks of my graduate training
- 16. A mentor is an individual, who may or may not be your advisor, to whom you turn for advice; information on the academic discipline; general, emotional, or professional support; career guidance; help with a paper; a model of ethical behavior and values; opportunities to collaborate; and introduction to others in the field.

Please mark the response that best represents the source of your mentors:

- At UCLA
- Outside UCLA
- Both at UCLA and outside
- I do not have anyone I would consider a mentor
- 17. Please indicate your level of agreement or disagreement with the following statements regarding your mentor(s) [show if Q16 not "no mentors"]
 - Strongly disagree
 - Disagree
 - Agree
 - Strongly agree
- A. I would consider my academic advisor a mentor
- B. I have a mentor with whom I can discuss personal challenges
- C. I have difficulty finding mentors at UCLA with whom I identify
- 18. Please indicate your level of agreement with the following: At UCLA, I have received sufficient guidance/assistance with obtaining...
 - Strongly disagree
 - Disagree
 - Agree
 - Strongly agree
 - Not applicable

- A. Information on how to secure financial support for my graduate work
- B. Information on how to pursue professional development opportunities related to an academic career
- C. Information on how to pursue professional development opportunities related to non-academic careers
- D. Support for exploring careers that are of interest to me

19. What or who was...

- Advisor
- Other faculty
- Department staff
- Career center
- Peers
- Non-Faculty mentors
- Other
- No one; I did not get information on this
- A. The source of information on how to secure financial support for my graduate work?
- B. The source of information on how to pursue professional development opportunities related to an academic career?
- C. The source of information on how to pursue professional development opportunities related to non-academic careers?
- D. The source of support for exploring careers that are interest to you?

Academic Progress

- 20. To what extent have the following factors affected your academic progress during the past year (i.e., previous 12 months)?
 - Significantly slowed
 - Somewhat slowed
 - No impact
 - Somewhat improved
 - Significantly improved
 - Not applicable
- A. Work commitments/responsibilities
- B. Availability of faculty
- C. Graduate program/professional school structure or requirements
- D. Other graduate/professional commitments that are not program requirements (e.g., conferences, conference proposal review, publications, etc.)
- E. Courses scheduling/availability
- F. Personal relationships (e.g., spouse, significant other, parents)
- G. Family obligations/responsibilities
- H. Financial commitments/concerns

- I. Housing situation
- J. Commuting/transportation
- K. Feeling depressed, stressed, or upset
- L. Disability or chronic illness
- 21. Which of the following statements best reflects how you feel about your academic progress in your graduate/professional program up to this point in time?
 - I feel significantly behind schedule
 - I feel slightly behind schedule
 - I feel on schedule
 - I feel slightly ahead of schedule
 - I feel significantly ahead of schedule
- 22. Compared to when you started your program, how would you characterize your current perception of how long it will take you to complete?
 - Much longer than I thought
 - Slightly longer than I thought
 - About the same
 - Slightly less than I thought
 - Much less than I thought
- 23. How concerned are you about your current academic progress?
 - Very concerned
 - Concerned
 - Unconcerned
 - Very unconcerned
- 24. Please indicate your level of agreement with the following statement:

I have seriously considered leaving my graduate/professional program before completing the degree

- Strongly disagree
- Disagree
- Agree
- Strongly agree

Skills Development and Career Plans

- 25. Please rate your current skill level (compared to other people in your field including peers, faculty, post-docs, etc.) in the following areas.
 - Lowest 10%
 - Below average
 - Average
 - Above average

• Highest 10%

Project Management, Leadership and Collaboration

- A. Ability to lead a group
- B. Working with people from diverse backgrounds
- C. Entrepreneurship
- D. Program and/or conference planning
- E. Managing a budget for a project and/or program
- F. Writing a grant

Self-Assessment and Development

- A. Balancing academic responsibilities with other demands in my life
- B. Social self-confidence
- C. Seeking out mentoring

Scholarly Expertise and Integrity

- A. Intellectual self-confidence
- B. Analysis and synthesis of data
- C. Writing a journal article
- D. Writing a thesis/dissertation
- E. Preparing a portfolio or compilation of work
- F. Giving a performance or exhibit

Teaching and Mentorship

- A. Course instruction/teaching
- B. Mentoring students
- C. Creating an inclusive classroom environment for students from diverse backgrounds
- Communication Skills
 - A. Giving a formal oral presentation
 - B. Facilitating discussion
 - C. Ability to discuss your research and academic work with non-specialists

Career Path Preparation

- A. Developing an online professional presence
- B. Professional networking
- C. Job searching
- D. Application document preparation
- E. Interviewing
- F. Negotiation
- 26. Which of the following best describes your expectation for your primary post-graduate activity immediately after you complete your degree at UCLA?
 - I intend to pursue another graduate/professional program
 - I intend to pursue a postdoctoral position
 - I intend to pursue a fellowship position
 - I intend to pursue a tenure-track academic position
 - I intend to pursue a non-tenure track academic position
 - I intend to pursue a medical residency program
 - I intend to pursue a career in industry, government, non-profit, business, etc. (non-academic)

- I am considering both academic and non-academic options
- I am unsure of my career path
- I intend to continue working in my current job
- Other
- 27. What is the type of field you intend to enter?
 - Business or Industry
 - Non-Profit organization
 - National laboratory
 - University-affiliated research institute
 - Four year college or university other than a medical school
 - Medical School
 - Community or two-year college
 - Preschool, elementary, middle, secondary school or school system
 - Government (non-military nor national lab)
 - Military
 - Self-Employed
 - Other

Use of Time and Resources

- 28. During this past year (i.e., previous 12 months), on average how many hours per week did you spend doing the following activities?
 - None, I do not do this activity
 - Up to 2
 - 3-5
 - 6-10
 - 11-20
 - 21-30
 - Over 30
- A. Commuting
- B. Fulfilling family/household responsibilities
- C. Performing volunteer work or community service
- D. Participating in student organizations or groups
- E. Working for pay on campus
- F. Working for pay off campus

29. Is your...

- Yes
- No
- A. **On-campus** employment related to your field of study? [show if Q28E not "none"]
- B. Off-campus employment related to your field of study? [show if Q28F not "none"]

- 30. How concerned are you about...
 - Not Concerned
 - Somewhat Concerned
 - Very concerned
- A. Paying for your graduate education
- B. Your total accumulated educational debt
- C. Your ability to budget and manage your finances effectively
- D. Your funding running out before you complete your graduate program
- E. Filing your taxes accurately
- F. Covering your expenses during the summer
- 31. Has your total income (e.g., from fellowships, employment, etc. EXCLUDING loans) been sufficient to cover your expenses during this year (i.e., previous 12 months)?
 - Yes
 - No
- 32. What method(s) are you using to resolve the gap between your expenses and your income? (Check all that apply) [show if Q31 = No]
 - Federal Student Loans
 - Private Student Loans
 - Credit cards
 - Saving accounts, trust funds, stocks
 - Gifts from family, relatives, etc.
 - Public assistance (e.g. Cal Fresh, general relief, state disability, housing assistance)
 - Other (please specify)
 - Don't know
 - Not applicable

33. How would rate your comfort with assuming student loan debt?

- Very uncomfortable
- Uncomfortable
- Comfortable
- Very comfortable
- Not applicable

34. How frequently have you done the following in the past year?

- Never
- Rarely
- Sometimes
- Most of the time
- Always
- A. Carried a balance on your credit card from month to month

- B. Consulted with **on-campus** resources about your finances (e.g. counselors from ECRT, Financial Aid, Student Loan Services, Financial Wellness Program, Graduate Division)
- C. Consulted with **off-campus** resources about your finances (e.g. banker, accountant, tax professional, wealth manager)
- 35. Have you ever received a Pell grant?
 - Yes
 - No
 - Don't Know
- 36. Please indicate your level of agreement with the following statements in terms of your graduate/professional experience at UCLA
 - Strongly Disagree
 - Disagree
 - Agree
 - Strongly Agree
- A. The approach to distribution of funding in my department is equitable
- B. If I were to take time off from my studies for personal reasons, it would affect my ability to secure continuing funding
- C. I am comfortable approaching my department with my financial concerns
- D. The total cost of attending UCLA is manageable
- 37. Is there anything else that you would like to tell us about the impact of the cost of attending on your educational experience at UCLA? [open-ended text response]

Housing, Commuting and Healthcare

- 38. Which of the following best describes your CURRENT living situation?
 - University-owned housing
 - Non University-owned housing
 - Homeless or no consistent place to sleep (e.g. couch-surfing, living in car, no local home, Bruin Shelter, etc.)
- 39. In which building/complex do you reside? [show if Q38 = "university owned"]
 - University Apartments North
 - Hilgard Apartments
 - Weyburn Terrace (Courts)
 - Weyburn Terrace (Paseo)
 - University Apartments South
 - Clarington Avenue
 - Rose Avenue
 - Keystone/Mentone
 - Venice/Barry

- 40. What is the zip code of your residence? [show if Q38= "non-university owned"]
- 41. How satisfied are you with... [show if Q38is not "homeless"]
 - Very dissatisfied
 - Dissatisfied
 - Satisfied
 - Very satisfied
- A. The **costs** associated with your current housing situation?
- B. The location and condition of your current housing situation?
- 42. How satisfied are you with... [show if Q38= "university owned"]
 - Very dissatisfied
 - Dissatisfied
 - Satisfied
 - Very satisfied
- A. Services provided by university housing (maintenance, after-hours emergencies, etc.)
- B. Community development events by university housing (welcome social, yard sale, etc.)
- C. Is there any feedback (positive or negative) you would you like to share about your University Housing experience? [open text response]
- 43. How often do you use each of these options to commute to campus?
 - Almost every day
 - A few days a week
 - Several days a month
 - Very rarely
 - Never
- A. Car
- B. Bus/metro
- C. Walk
- D. Bike
- E. Carpool
- F. Uber/Lyft

44. How satisfied are you with your current commuting option(s)?

- Very satisfied
- Satisfied
- Unsatisfied
- Very Unsatisfied
- N/A
- 45. Do you have a UCLA parking permit?
 - Yes

- No
- 46. How satisfied are you with the following:
 - Very satisfied
 - Satisfied
 - Unsatisfied
 - Very Unsatisfied
 - N/A
- A. Ability to get a UCLA parking permit [show to all]
- B. UCLA parking permit cost [show to all]
- C. Ease of finding a parking space [show to all]
- D. UCLA parking lot allocation [show if Y to Q45]
- E. Distance from parking lot to class/work [show if Y to Q45]
- 47. Is there anything else you would like to share with us about the ease or difficulty of your experience commuting to campus? [open text response]
- 48. What is your primary source of health insurance?
 - UC SHIP
 - Covered California Plan
 - Medicare
 - Medi-Cal
 - Military/TriCare
 - Employer Group Health Insurance (own, spouse, parent's)
 - Private insurance plan from the United States (e.g. IMG Global, ISO, United Health)
 - Government/private medical insurance plan from outside the United States
 - Other

49. How satisfied are you with...

- Very dissatisfied
- Dissatisfied
- Satisfied
- Very satisfied
- A. The administrative aspects of accessing your health benefits
- B. Access to care providers (e.g. doctors, nurses) within your health network
- 50. You indicated that you were dissatisfied with aspects of UCSHIP coverage. Please tell us more about the specific reasons for your dissatisfaction [open text response] [Show if Q48= "UCSHIP" and either Q49A or 49B= "very dissatisfied" or "dissatisfied"]

Background & Demographics

- 51. What is your current marital status?
 - Single
 - Married/Living with a domestic/committed partner
 - Divorced/Separated
 - Widowed
- 52. How many dependents do you have in the following age ranges? (Dependents are individuals that you care for on a daily basis).
 - 0
 - 1
 - 2
 - 3 or more
- A. 0-4 years
- B. 5-12 years
- C. 13-17 years
- D. 18 or older
- 53. Which of the following best describes the highest educational experience of your parents /guardians?
 - Neither parent/guardian attended any college
 - One or both parents/guardians attended some college, but neither has a four-year degree
 - One or both parents/guardians have a four-year degree
 - One or both parents/guardians have a graduate or professional degree
- 54. For how long has English been the main language of your education?
 - English has always been the main language of my education
 - Beginning in early elementary school (age 5-8)
 - Beginning in late elementary school (age 9-11)
 - Beginning in middle school (ages 12-14 years old)
 - Beginning in high school (ages 15-18 years old)
 - Beginning with college/undergraduate study
 - Beginning with graduate study

55. How would you characterize your political orientation?

- Very Liberal
- Liberal
- Moderate or middle of the road
- Conservative
- Very Conservative
- Apolitical
- N/A, I don't identify with any of these
- Other, please elaborate______

- 56. What is your religious/spiritual preference?
 - Spiritual but not associated with a major religion
 - Not particularly spiritual
 - No preference
 - Agnostic
 - Atheist
 - Buddhist
 - Christian/Catholic
 - Christian/Protestant
 - Christian/Other
 - Hindu
 - Jewish/Orthodox
 - Jewish/Reformed
 - Jewish/Other
 - Muslim/Shia
 - Muslim/Sunni
 - Muslim/Other
 - Sikh
 - Taoist
 - Other religion
- 57. How do you describe yourself?
 - Male
 - Female
 - Trans Male/Trans Man
 - Trans Female/Trans Woman
 - Genderqueer/Gender Non-Conforming
 - Different Identity

58. What sex were you assigned at birth, such as on an original birth certificate?

- Male
- Female

59. Do you consider yourself to be...

- Heterosexual or straight
- Gay or lesbian
- Bisexual
- Queer
- Not listed above (please specify) ______

- 60. A person's appearance, style, dress, or mannerisms (such as the way they walk or talk) may affect the way people think of them. On average, how do you think other people at school would describe your appearance, style, dress, or mannerisms?
 - Mostly feminine
 - Somewhat feminine
 - Equally feminine and masculine
 - Somewhat masculine
 - Mostly masculine
- 61. What suggestions do you have for improving the UCLA graduate/professional student experience? [open text response]