

Students Taking Action During the COVID-19 Pandemic

Most students are taking steps to protect themselves from COVID-19

% reporting "yes" to "public health recommendations you are currently taking to prevent the spread of COVID-19"



336 students provided an open response to "other" ways they acting to protect themselves from COVID-19. Themes included:



Limiting Public Contact (225)

- Responses ranging from full "quarantine"/never leaving the house to avoiding non-essential outings and socializing.
- "I haven't seen anyone outside my family in MONTHS"
- "Barely leaving the house, cleaning groceries and takeout containers, ordering groceries on instacart"
- "Having a bubble that includes only one person who is not in my home unit who only interacts with my family and no one else"



Cleaning/Sanitizing (42)

- "Cleaning and sanitizing everything before it comes into the house"
- "Sterilizing everyday objects like phones and laptops with isopropyl alcohol"
- "Wiping down groceries, food, and packages before bringing it into the house"



Other Protective Measures (28)

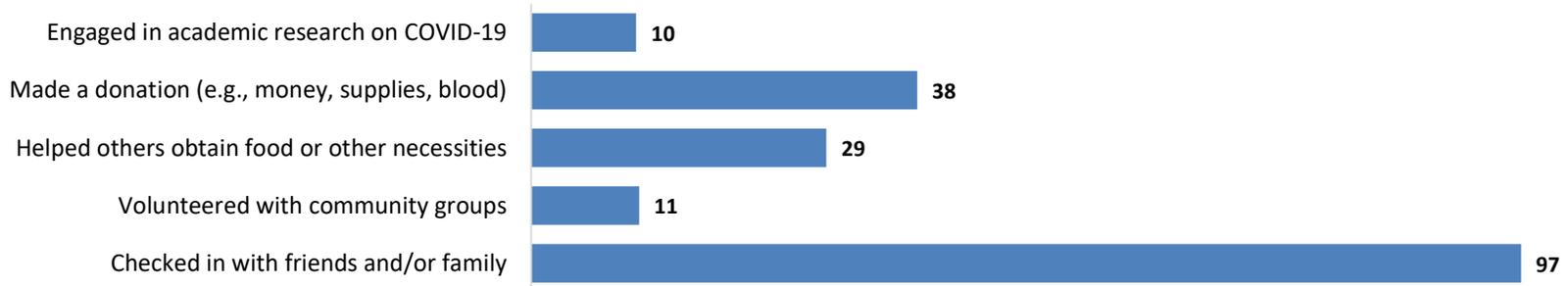
- Activities include not touching face, using hand sanitizer, hand washing and use of gloves
- "Avoiding physical contact with surfaces like door handles, crossing buttons"
- "Wearing protective wear to protect my hair as well and skin"

Other (46)

- "Encouraging other people to wear masks"
- "Educating others on safety guidelines"
- "Focusing on personal health and wellness"

Students are finding ways to engage in their communities during COVID-19

% reporting activities they engaged in because of COVID-19



111 students provided an open response to “other” ways they are engaging during COVID-19. Themes included:



Care and Support of Family/Friends (14)

- “Personal teacher for each of my younger siblings at home as they too navigate remote learning”
- “Helping out at our family business, which is suffering because of the current situation”



Care and Support of Non-Family Members (42)

- “I don’t have money to donate but whenever I see an elderly person trying to get groceries, I offer them to pick it up for them and put it in their trunk so that they don’t have to enter the store and expose themselves.”
- “Working for a nonprofit that feeds people battling illnesses, and due to COVID also people who need help during this time. We increased our clients by threefold to meet COVID needs.”
- “Began an organization to provide volunteer childcare to medical workers at Ronald Reagan and other hospitals in the LA area.”



Intellectual Endeavors (10)

- Working on photo documentary regarding life during COVID-19
- Someone I know works with COVID-19 samples and is currently working on a sample with their lab group at Cedars-Sinai, and I have since been researching COVID-19 alongside this said person and following up with their experiment and learning more about this novel virus.



Educating Self and Others (9)

- Informed friends and family about developments in viral spread and public shutdowns, and explained safety precautions.
- Interning at a company over the summer that distributes accurate information about COVID-19

Other (36)

Source: 2020 University of California Undergraduate Experience Survey: UCLA