Mentoring & Advising

A mentor is an individual, who may or may not be the students’ advisor, to whom they turn for advice; information on the academic discipline; general, emotional, or professional support; career guidance; help with a paper; a model of ethical behavior and values; opportunities to collaborate; and introduction to others in the field.

ADVISORS
Primary formal advisor is the one faculty member who serves in an official capacity as your academic advisor or research supervisor

HAVE A FORMAL ADVISOR
70.4%

n=196

AVERAGE # OF MEETINGS PER QUARTER n=135

0 11.9%
1-2 45.9%
3-4 17.0%
5-6 6.7%
6+ 18.5%

ADVISOR RELATIONSHIPS % “agree” or “strongly agree” n=134*

92% Advocates and supports me in completing my degree
86% Focused on helping me gain professional skills
91% Supports my professional/career goals
81% Comfortable approaching about a variety of career paths
87% Comfortable approaching for assistance in getting on track with progress
84% Seems genuinely interested in my personal well-being
75% Aware of and supportive of my financial well-being
74% Helps me establish a timetable

MENTORSHIP

SOURCE OF MENTORS n=194

At UCLA 19.6%
Outside 26.8%
Both 31.4%
I don’t have one 22.2%

MENTOR RELATIONSHIPS % “agree” or “strongly agree”

68% I consider my Advisor a Mentor
82% I have a mentor with whom I can discuss personal challenges
46% I have difficulty finding mentors at UCLA with whom I identify

n=142*

Source: GPSS 2017

Student Affairs & Information Research Office
www.sairo.ucla.edu
CAREER SUPPORT & DEVELOPMENT

SATISFACTION WITH SUPPORT  % “agree” or “strongly agree”  n=185*

At UCLA, I have received sufficient guidance/assistance with obtaining...

- Information on how to secure financial support for graduate work
- Information on how to pursue professional development opportunities related to an academic career
- Information on how to pursue professional development opportunities related to a non-academic career
- Support for exploring careers that are of interests to me

52.2%  64.9%  58.6%  60.1%

TOP SOURCES FOR INFORMATION OR SUPPORT

WHAT OR WHO WAS THE SOURCE OF INFORMATION ON...  % “selecting”  n=185*

<table>
<thead>
<tr>
<th>Securing Financial Support</th>
<th>Professional Development Opportunities Academic</th>
<th>Professional Development Opportunities Non-Academic</th>
<th>Career Exploration</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.9% Department Staff</td>
<td>31.2% Career Center</td>
<td>29.3% Career Center</td>
<td>31.9% Career Center</td>
</tr>
<tr>
<td>26.5% No One</td>
<td>29.6% Department Staff</td>
<td>26.6% Peers</td>
<td>27.0% Peers</td>
</tr>
<tr>
<td>23.8% Peers</td>
<td></td>
<td>23.4% No One</td>
<td>22.7% No One</td>
</tr>
</tbody>
</table>

‡ Academic Master Students are defined as students in master degree granting programs granting MS's or MA's.

*Average respondents per question block